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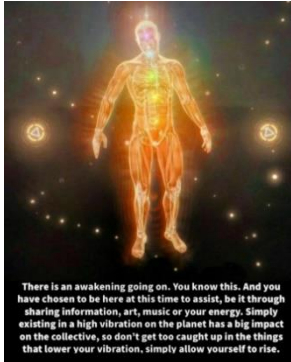
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How To Raise Your Vibrations and Frequencies to Move into the 5th Dimension



To raise your **vibrations and frequencies** take steps that will also help you activate your **pineal gland** (“your 3rd eye”), which will not only allow you to remember your past lives, but you will also remember your **supernatural powers** that will be coming back with the **Solar Flash**. Come from your heart space. The heart is about LOVE. Love everyone and

everything and remember **WE ARE ONE**; Live in gratitude. It is one of the quickest ways to amp up your vibration; Be generous to everyone you meet; Forgive all your past karma; Eat high vibe foods especially organic; Reduce and eliminate alcohol and toxins from your body; Meditate and do breathwork; Walk in nature; Hug trees; Sungaze; Laugh more; and think positive thoughts.

The Two Earths

Since the 50s we have shifted the earth's timelines. The earth was

crying out. There are currently **two (2) earths** coexisting. One is **Terra**, the Spiritual earth, where we will go and be in the 4th, 5th, 6th and other dimensions.

There are different levels of consciousness:

3D: They programmed us to live in a **low frequency** on a **3D earth**. That is how they feed off our loosh with our emotions and fear. Everything is vibrating. Your body has to shift with it. Everyone won't make the vibrational jump. They won't be able to change their frequencies quickly enough. **They all had the same opportunity as everyone else.** They will finish out their life, but they won't return to earth. They will be sent to another dimension where they will stay in the **'negativity'** and **'low vibrational frequencies.'** It is okay to miss them so celebrate that they are in a better place and remember our spirit is **'immortal'**.

4D: Many of us who have been working on **raising our frequencies** are already on a 4D earth. The ones who pushed the COVID vax will remain on a 3D world. The adults that took it by will or choice will be okay. If you are genuinely a good person and are not out there hurting others, then you will transition into the 4th dimension. Prisoners who have reformed themselves will transition to the 4th Dimension, but not those who are a part of gangs and are still committing violence. On a 4D earth you will be living for a couple of hundred years. You will be using XRP and XLM as your financial system. To help bring your family along just live happy and your relatives will see you are happy and they will want to be like you. Visualize your family in a white light. Try to send them energy and light.

5D: In 5D and beyond there is **no financial system** because we can manifest what we want with the power of our thoughts. The **'Older Souls'** will go to the 5th dimension and beyond. They will pop into the 4D to work with the younger souls, and they will see them as Angels or Superheroes. Beyond 4D there is no government because everyone is **'Sovereign'**. Beyond the 5th dimension and up everyone will be using **'telepathy'**. On the 5D earth, you will see your relatives who passed away within the past 10 to 15 years. They are there waiting for us. Eventually you will just want liquids as your body becomes lighter. As the earth moves into a new dimension, you





will keep your physical body then you won't need a physical body. The 3D earth won't be aware that anything has happened but the 5D earth will. They will put the 3D earth into suspended animation, so they won't know what has happened. They will shut everyone down. You could go to sleep for an entire week

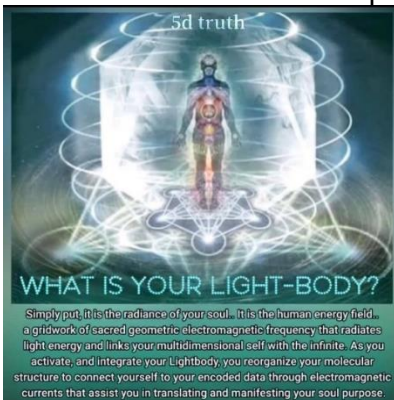


then wake up and there is a **NEW Earth**. Things around you will be happier so don't look back. Love is truly the only thing that will help us raise our vibrations.

What Does the Solar Flash Really Mean?

The **Solar Flash** has a lot to do with the transition, but it is not anything physical having to do with the sun. The Solar Flash is the return of Messiah, which is an energetic field. It is the return of Christ, but it is not a physical person. It is a collective so this is the return of Jesus. It is an awakening in millions of us where it will be a new **'heaven on earth'**. We will activate our Christ-like bodies. Solar flashes have happened many times. This is the **FINAL SOLAR FLASH**, and it will activate our **dormant DNA** – our **#GodSourceGene**, where many will gain supernatural powers. We are getting close to the big shift to see if our bodies can take it. We must be vibing with high frequencies. If you are still dealing with ego or low frequency energy, your bodies might combust or die off because remember we are light beings. The Solar Flash will neutralize all the 'nanotechs' from the COVID vax. The Solar Flash will make the 5D earth.

All the timelines will be collapsing, and you will go into



the one you are vibrating at. We are ending many cycles. This is the last **Reincarnation**. For the first time an entire body won't face death. There will be no more

Reincarnations.

When the final Solar Flash comes by the end of the year or in 2024, we will be **'immortal'** so go

within yourself and escape karma. Forgive those who hurt you including your ancestors and begin to see the Christ in everyone and know that we are all one. For the first time we will be physical, but we will be less dense. Our bodies will be going from a **carbon base** to **crystalline**. Our **12 Chakras** will collapse into **ONE PURE LIGHT** when we turn into a crystalline body. We must be operating with 48 strands of DNA. Our blood won't be red anymore. It will be like plasma. In the 4th dimension our bodies will be **50% crystalline** and **50% carbon base**. In the 5th dimension, our bodies will be **75% crystalline** and **25% carbon base** and in a 6th dimension and beyond, we will be a **pure crystalline #LightBody**.

It's All Real (StarWars, StarTrek, StarGate, and Superheroes)

Star Wars is connected to our **Galactic history** and StarTrek, StarGate are all real and so are **Superheroes**. Many of the TV scriptwriters of these Superheroes movies weren't allowed to tell the world what they knew about our **Galactic history** so instead they put their information into movies. Even some of the stories of Thor and Superman are real. We are not alone in the Multiverse. We see in the Marvel movies, other universes and parallel realities. The reason they were putting out all the **Superheroes movies** is because they were prepping us. Many will be able to fly and bend reality. We are currently in training before we become Masters. Now it is just a matter of remembering who we were, then we will gain back our supernatural **Superhero powers** then we will be able to clean house everywhere because we will be like **"The Avengers."**

The ETs are protecting worm holes and portals, so portals are real. There are around 138 portals in the world. They said if you stand too close to one you just feel sick. This could be because they are currently blocked off. We have portals that connect our world to every planet in the solar system and galaxy. A StarGate allows travel from one planet to another one and supposedly America invaded Iraq to prevent Saddam Hussein from using a Stargate that was located there. The Galactic Federation and other ETs that are protecting us can't close a portal, but they can block it off. Some of these portals might be used for **Space Travel** in the future.