



Contents

- 01: What Are Lightworkers?
- 02: What is a StarSeed?
- 03: Look for StarSeed Markings
- 04: What is a StarSeed Awakening?
- 05: My Star Family (Blue Ray and Indigo Hybrid)

Finding out which StarSeed you are is a very **transformative experience**. It allows you to understand your purpose on Earth and gain a level of self-awareness that forms an unshakable inner peace. Some famous StarSeed variants are Blue Rays, Indigo, Crystal and Rainbow Children, Pleadian, Sirian, Arcturian, Andromedan, Orion, Lightworker, Lemurian, Atlantean, Maldek, Feline and Lyran, Venusian, Reptilian, and Draconian. Each of these stars evokes **specific traits** and **personalities**. So, if you want to figure out which StarSeed you are, it's best to study them carefully.

Our planet (**#MotherGaia**) is going through a transition period now, from a third (3rd) dimensional planet to the fifth (5th) dimension. It's a big moment in our Universe's history. Mother Gaia, aka "Planet Earth" needed help, and a call was sent out. Souls from all over the Universe signed up by incarnating on Earth in a human body to help humanity through this transition.

Who Are Lightworkers?

There is some confusion around the word '**lightworker**.' A '**lightworker**' is any being who is actively involved in raising the **vibrational frequency** of Gaia (#MotherEarth) and the humans on the Planet, to assist with the evolution (Ascension) of Gaia and humanity on Gaia. Some lightworkers are Planet Earth humans. Some lightworkers are StarSeeds and some lightworkers are aliens (ETs) who never incarnated on Planet Earth.

Important points about lightworkers:

-Anyone can choose to become a lightworker, simply by committing to engaging in activities that raise vibrations.

-"Light" in this context means higher vibrational frequency and greater awareness. It doesn't mean wearing white clothing and smiling all the time. What's often misunderstood is that many lightworkers take very "dark" life paths, out of necessity. The convicted criminal who becomes a source of emotional support for his fellow prisoners and then becomes an activist

against mass incarceration upon release, is probably a 'lightworker'. Evolution in consciousness requires a balance between positive and negative polarities of energy. Some lightworkers work with the "dark" energies in order to transmute them and bring them into a healthy balance.

What is a StarSeed?

Technically we are all '**StarSeeds**'. We have all had lifetimes in other star systems and many, many incarnations in other solar systems. '**StarSeed**' is a highly advanced and gifted soul who is incarnated into a human body, but whose spirit originates from another planet, star system or universe. They choose to come to Earth to help humanity and Earth in some way. **StarSeeds**, also called "**Star People**", are Old Souls that have lived many lives, and often have a big mission on Earth. The exact mission varies from StarSeed to StarSeed, but usually, it's some sort of guiding or science mission.

Unlike "Earth souls", who are said to reincarnate on Earth, StarSeeds believe they have reawakened from another planet to be born here. StarSeeds believe they are conduits between divine realms and the Earth and that they can transport between galaxies via meditation. StarSeeds also believes they can communicate in "light language" – a form of communication that is said to bypass human limitations and be the language of the soul.

According to this belief, StarSeeds may have certain traits or abilities that set them apart from other individuals, such as heightened intuition, psychic abilities, or a deep sense of connection to nature and the universe. StarSeeds can have different appearances from others on Earth. They are often tall and slim. They can have a larger skull with longer arms. They usually have large irises lighter than earthlings and often have long, thin, narrow faces. This is because their skulls must enclose larger brains than that of the average human being. Many StarSeeds have good eating habits, often being drawn to plant-based diets and avoiding alcohol because they've learned over time what works best for their bodies.

Many StarSeeds are obsessed with the cosmos and might have even studied fields like Astrology, which we are now finding out is true. They may also feel a sense



of homesickness or longing for their true home planet or star system and might have looked up into the sky often when they were young. If you are very intuned with the pain and suffering here, you are probably a StarSeed. Many StarSeeds wish that they could live in simpler times or get the sense they have lived one or more past lives in ancient times. However, if you are trying to figure out if you are a StarSeed, study the StarSeed traits because chances are you are.

Look for StarSeed Markings

Your 'StarSeed' markings are signs from your birth that indicate where your soul is from and which StarSeed you are. Physical markings can be identified based on body parts like the eyes, face, build, etc., and abstract markings are present in character traits. However, it's pretty complicated to discover them. You might want to consult a knowledgeable professional to help with this.

What is a StarSeed Awakening?

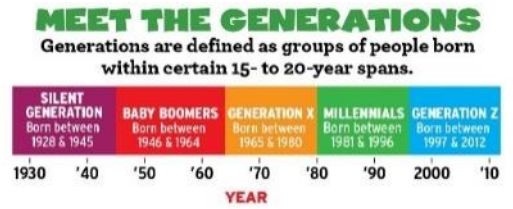
Many StarSeeds have said that the Ascension of our Planet has been making it difficult for them to remember their mission. Many StarSeeds come to Earth without knowing who they are. It is only through their **awakening** or **activation** that they can remember their purpose. **StarSeed awakening** or **activation** happens by making contact with StarSeed's original soul group, which is composed of other beings that have come to Earth on a similar mission. Others have come with a mission from other planets or realms, and are made to forget it when they get here on Earth. This is the awakening of their souls' true identity so that they may fulfill this mission.

Having a Spiritually awakened daughter helped me peep in on Spirituality from time to time, but I initially Spiritually awakened in 2014 when I moved to Austin, TX, and joined several weekly Spiritual meetup.com meetings. The area at that time had an extremely large Metaphysical community. Out of the 3 million people that stayed in Austin, there were 350,000 involved in energy work. By the time I left there in 2018, I was very Spiritually aware and even holding my own Tarot Readings. I resonated with so many people in the area at that time. Some felt like they were my 'kindred spirit' and others swore up and down that they had met me before so there is a good chance that I did run into my

soul group at that time. I was just too new to Spirituality to really understand what was happening.

My Star Family

You are more than just from the Silent Generation, a Baby Boomer, Generation X, Millennial, or Generation Z. You are a **#StarSeed**. A **StarSeed** is a beautiful, multidimensional light being whose soul has origins in distant light systems, galaxies, and constellations. I find everything Spiritual to be intriguing especially now knowing there are others like me out there who are also probably trying to find their Star Family. Understanding your Star Family is like understanding yourself. Until recently I knew nothing about being a part of a **#StarFamily**. I just knew as a 'Black Sheep', that I wanted very little to do with the Earth Family that I was born into. For years I thought someone had left me on my parents' doorstep or my parents agreed to raise me for someone else. When I started studying Spirituality and once I found out that I came through my parents and I am not of my parents, then everything in my life just clicked.



Earlier I thought **Andromedan** was my **Star Family** mostly because they are creative, and many are writers. They defy authority, and love freedom and many are Nomads just like me. It's also ironic that my youngest daughter is from the **Andromedan Star Family**. She was Spiritually activated when she was young, so she is way more Spiritually advanced than me. The **Andromedans** have even visited her in her dreams and told her she was part of their Star Family, so she knows for sure which Star Family she is a part of.

Another reason I thought I was from the **Andromedan Star Family** is every time I fill out an online survey, it comes back Andromedan. However, once I learned about the **Blue Rays' traits** and them being '**Baby Boomers**' and '**Black Sheeps**', these StarSeed traits resonated with me more than the others. Looking back at all my research now I would say I am a **Blue Ray StarSeed** and an **Indigo Hybrid**. The **Indigo Children** were warriors trying to change the system from the inside out and that definitely describes my life.