CathyHarrisInternational.com
News Update for July 2, 2024

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Hello Everyone:

I am Cathy Harris, New Earth Educator, Spiritual Nomad, Holistic Healer, and author of 26 non-fiction books at AngelsPress.com. I wanted to write this newsletter today and tell you where I am at.

My website at www.CathyHarrisSpeaks.com has been updated with the latest news so periodically check for

updates. I feel excited that I was able to break down all the information for those who will be coming aboard after the Gesara announcement. I am now in a better position to work with each of you – if you are ready to move into the 5D New Earth.

Cathy's Two New Platforms:

I was able to go ahead and complete my setups at www.NewEarthRoundtables.com and www.TheCathyHarrisPodcast.com. If you have a group or community and would like to do a roundtable by phone or video let me know at AskCathy@DearCathy.com. Also, I can go on these two links and teach.

It's a lot of work putting out this weekly news service so I plan to go bi-weekly until I can do an audio file. That way I can concentrate my writings on **Spiritual Articles** and **Spiritual Newsletters** and work on teaching on my new platforms as I travel with my Humanitarian Project.

I thought about putting paid classes on my website, but I enjoy where I am at because it frees me up to just drive around the country with my **Humanitarian Project** https://cathyharrisinternational.com/wp-content/uploads/2023/10/Flyer-Mobile-Quantum-Food-and-Business-Initiatives.pdf and give my Health/Gardening, Business, Spiritual, and Divine Feminine Female Workshops online or in communities.

Where Are You with Your Spiritual Journey?

This is the first time in a long time that I just took a break from everything. Last July and August 2023 were hard because I had completed a detox and had not planned on being in a cooler spot, so I was uncomfortable.

Also, at that time after having my second awakening, I was receiving a ton of downloads, which made me feel drowsy for weeks and during that time I experienced body aches and back-to-back ringing in my ears along with other Ascension Symptoms. Read the blog post entitled **"Prepare for**

Ascension Symptoms"
https://cathyharrisinternational.com/ascensionsymptoms/

I am physically ready to get back to teaching from the phone and through video – maybe. I am still torn between practicing the **#ArtOfDoingNothing** and teaching. With the Solar Flares and CMEs hitting us back-to-back, the best thing for many of us is to just rest.

We knew in 2020 that we would be experiencing the Solar Flares and CMEs but how can you really prepare for them? Remember the downloads that you need for the 5D New Earth are coming in through the back-to-back Solar Flares and CMEs while you sleep, dream, meditate, and stay in the sun.

Therefore, you need to do all of those to help the downloads come in, which is also changing the makeup of your DNA and preparing you to be able to handle the high 5D New Earth frequencies. Remember, many, especially the elderly, won't be able to handle the high frequencies so they especially need to go into a period of rest.

Our children, the "Rainbow Children" also called "The New Children" came in with their DNA intact so the Solar Flares and CMEs aren't bothering them. Many are already online teaching about the 5D New Earth so continue to provide platforms for them to teach.

Nothing should be hard right now in your life. You should be in a total bliss of joy and happiness as we move into the 5D New Earth. If not, then you haven't done the 'Shadow Work' so my advice is to shut down and do it.

Especially try to work on trauma from a past life. To do this you might need to get entrenched in **#AllThingsSpiritual**. I have placed all my **Spiritual Articles** and **Spiritual Newsletters** in one spot for your convenience at www.TheCathyHarrisPodcast.com.

I wanted to go to a StarSeed event only 7 hours away in California but when I started looking at the date of the event, which was the weekend after the 4th of July, and looking at the back-to-back Solar Flares and CMEs coming in, which I know is affecting me, I just don't want to risk being on the road in my van in a part of the country that I have never went to.

Living in a van is like living in a tin can. It would be different if I was built out with an air conditioner and heater for the wintertime, so right now, I am just trying to chill out and prepare several new platforms to teach on by phone and by video.

In other words, I am not trying to put a lot on my plate. I just want easy days and easy nights as I bring out the inner child in me by getting grounded and raising my frequency and vibrations out on National Forest Land. Read the blog post **"How To Keep Raising Your Frequency and Vibrations"** https://cathyharrisinternational.com/frequenciesandvibrations/

Gesara Updates

We are very close to the Gesara announcement. Redemption Center staff are being put on high alert. Humanitarian packets are being delivered to Redemption Centers. Those in Tier 4B (us… the internet group) who are members of Wells Fargo and HSBC banks are being invited to their banks to make their exchanges. Also, reports are coming out that Brazil has started paying. It seems like every country is just waiting on the U.S. so they can all go at one time.

Medical Bed (Med Bed) Updates

Remember the reason it is important to work on your Spirituality is if you are not vibrating at the level of the Med Beds, then they won't show up in your life. This is why raising your frequency does matter. Read the blog post **"How To Keep Raising Your Frequency and Vibrations"** https://cathyharrisinternational.com/frequenciesandvibrations/

Med Bed Teams are on high alert and are told to get fully stocked for the influx of Med Bed patients. This is global in 209 countries. Do what you need to do to take care of yourself. Exercise, go on a diet, and take care of yourself now because again, they will know if you have been working out or just waiting on Med Beds. If you have just been waiting on Med Beds, you will probably be referred to Healing Centers for 2 to 3 months to meet with counselors.

There will be an 800 number provided which will ask if you want to take part in Med Bed trials. That is the release of the FREE Military Med Beds to the public. Beware of other companies using the term "Med Beds."

They are not the FREE Military Med Beds from the Secret Space Force and some of these beds are causing 'side effects.' Med Bed appointments for the public will be 2 to 3 weeks after Redemption Center appointments.

Will Gesara Be Announced Soon?

Supreme Court decisions are coming out back-to-back after the area was fenced off last week. Making the Gesara announcement on or around the 4th of July just makes sense because of the significance of that day.

Many think this will be the week that we find out more about the Trump decision and many even think the Gesara announcement might be made. All we can do is play it by ear, but it has been a very interesting turn of events.

Trump Laid Out Plans

Everything Trump does is strategic. He is playing chess, and many others are playing checkers. I kept wondering why Trump even bothered with the Presidential debate? I did not watch the debate because I knew it was a movie and it wasn't the real Trump.

But after a couple of days and while listening to all the feedback on social media, I realized Trump did this debate to make Biden look incompetent and weak so he would step down and I believe this is what is about to happen – very, very shortly.

However, making the statement about 'Black Jobs' probably caused more of a divide in this country so Trump could have left that out. Black people are having a field day on social media with that comment. They think Trump is one of the most arrogant people around, but again, I know that wasn't the real Trump so all of it is just comical to me.

Where We All Wrong About John F. Kennedy, Jr.?

The JFK, Jr. is alive scenario was a big rabbit hole for many. I had heard a long time ago that a person claimed to be the real JFK, Jr. I did do a write-up early on in 2020 on the Kennedys https://myemail-api.constantcontact.com/Cathy-s-Corner---Is-JFK--Jr--Alive-.html?soid=1104247795966&aid=DL3ODR9HKus. Since then, I consciously chose not to do anymore research on the family.

Supreme Court Just Overturned the Chevron Doctrine, #TakedownOfTheDeepState

This major Supreme Court decision is the **"Takedown of the Deep State."** This is a major decision coming out of the Supreme Court. No longer will federal agencies have the right to create their own rules, laws and regulations out of thin air.

This is when the federal government bypassed the Supreme Court and other legal entities and created their own laws, rules, and regulations. I saw this first-hand as a former government employee with Customs (CBP.gov) and DHS.gov.

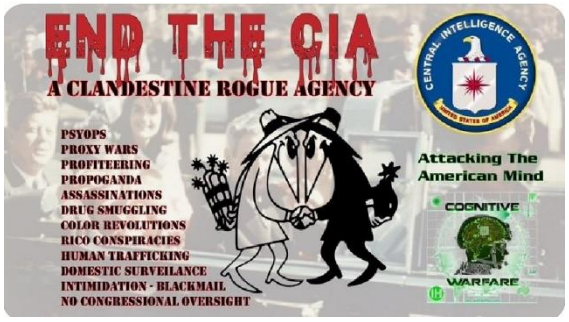
According to David Straight at www.StraightEvents.com, we were given 19 laws, but the federal government came up with 6000 laws. The abuse included for instance – a FDA.gov employee, a female, who sat there and created all the laws, rules, and regulations for the Food and Drug Administration.

These federal agencies that fell under the old government "United States, Inc." include the FBI, CIA, EPA, IRS, Federal Reserve, Department of Motor Vehicles, etc.

The Department of Motor Vehicles told us we needed a license to drive a car, but we did not. Do you know how many people have had to pay funds when caught driving without a license?

Many had their licenses taken away and they lost jobs because of it. Others were put in prison for driving without a license. They underwent abuse in prisons, and many were probably killed.

Calling for the Dismantlement of the Three-Letter Agencies



Rep. Tim Burchett out of Tennessee said Trump should not just remove the heads of the three-letter agencies but he also needs to dismantle them altogether. Burchett's statement is a radical call for restructuring the federal government, aiming to reduce bureaucratic overreach and restore accountability.

My 2 Cents: I totally agree with this statement and as a former federal agency employee, Customs (CBP.gov) and DHS.gov, this will be imperative moving forward. We saw the heads moved out of agencies for years, but the same politics followed so these federal agencies need to be completely shredded and taken down.

Supreme Court Ban on Homeless Camps Upheld

Supreme Court Ruling grants cities authority to clear streets. The ruling gives state and local officials the authority to implement and enforce policies to clear unsafe encampments from our streets.

My 2 Cents: We know in the past that FEMA.gov was stealing the homeless off the streets and fattening them up then taking their organs. We also know that many of the homeless have said time and time again that their friends disappeared once they went into shelters.

So, one can only hope since these homeless encampments have been used to train new Med Bed staff in the past, that this ruling passed so "Homeless or Med Bed Humanitarians" can provide the homeless with housing and access to Med Beds.

Supreme Court Ruling on Jan. 6

Lawyer says some Jan. 6 defendants will benefit from a New Supreme Court Ruling, which makes it more difficult to prosecute people involved in the U.S. Capitol security breach and some charges will be dropped.

My 2 Cents: We have been going back and forth about this issue and I don't care to make a remark about this decision -- but I feel it was a great decision

because I do feel Jan. 6 was a setup to put Trump supporters in jail. Whether they are still in jail or not – I haven't the faintest idea.

Texas Supreme Court Upholds Law Prohibiting Sex Changes for Minors

A Texas Supreme Court upheld the laws prohibiting sex changes for minors. Parents think the new law violates their right to decide on and seek medical care for their children.

My 2 Cents: Nothing physical should be done to any child unless they are at the age of 18 or even 21. We know that 18-year-olds, even when they go into the Military at that age, can't even drink legally -- until the age of 21.

Therefore, the age of 21 should be the legal age for them to make these decisions for themselves. Since most of these sex changes are permanent, they are sterilizing these children, and it is a form of #Depopulation.

Military Will Not Start the Draft Again, #NoMoreWars, #1000YearsOfPeace

Social media is going crazy after the house voted according to them in the middle of the night on a bill to bring back the draft. It still needs to be approved by the Senate. The vote was 217 for and 199 against.

I believe it is just another scare tactic, like World War 3 and a Nuclear War to wake up the masses. Remember Trump met with 209 countries in 2021 (or sooner) and they agreed to the terms of Gesara (Globally) and Nesara (U.S.), which included #NoMoreWars and #1000YearsofPeace.

Therefore, the Military will be strictly 'Voluntary.' Three of their duties will include:
-They will continue taking over intelligence gathering for the FBI and CIA
-They will continue to arrest those for "Crimes Against Humanity"
-They will continue to guard Medical Bed (#MedBeds) Centers.

Julian Assange Was Set Free

Julian Assange was never in prison. He was in Witness Protection the entire time. Over 900 are in Witness Protection. You can see some on the **'Alive List'** along with **"Hollywood's Dirty Little Secrets"** and a list of **False Flags (Psyops, Hoaxes, and Scam)** events that were carried out to keep everyone living in a 'low-vibrational' frequency at www.DearCathy.com.

Wikileaks Data Dump Online

With the release supposedly of Julian Assange, Wikileaks just dumped all their files online. You can see everything from Hillary Clinton's emails, John McCain being found guilty, the Vegas shooting being done by FBI sniper, Steve Jobs HIV letter, PedoPodesta, Afghanistan, Syria, Iran, Bilderberg, CIA agents arrested for rape, WHO pandemic, etc. Happy digging!!! https://file.wikileaks.org/file/ Clinton's emails https://file.wikileaks.org/file/clinton-emails

Phones and Social Media Issues on July 27 and 28, 2024

Phone companies were having issues along with some car dealerships. Walmarts were having issues also and even had customers put back items and leave their stores.

Facebook, Instagram, and TikTok blocked viewers from watching the Presidential Debate. On June 27 and 28, 2024 many on social accounts especially TikTok had their accounts go down. They believed it was an attack because they had a big audience.

My 2 Cents: Like Facebook, which was targeting children, and Instagram, aka "PedoGram", TikTok is not following rules over there either so all three (3) sites need to come down. More **"5D New Earth Changes"** (www.CathyHarrisInternational.com/5DNewEarthChanges).

Be Careful of TikTok Advertisements

Be careful of TikTok advertisements for supplements. TikTok has stolen ads from Barbara O'Neil and is using Artificial Intelligence (AI) to sell products with her name, pictures, and videos. Her lips aren't even moving in the ads.

Again, be careful of these TikTok ads and products. There have been products that not only caused sickness but many women were left with large facial spots from using soaps containing acid.

Many on TikTok are making money by getting everyone to visit and buy from their stores. However, many are complaining that TikTok is not paying them the money promised. One lady said they owe her over $800. You can't seriously expect to do business on these free social media websites.

TikTok is Taking People Off Block Lists

TikTok is taking people off block lists and adding them back on people's pages, so they are not trying to honor anything over there. After a month back on the site, I was invited to have my own store or buy products on TikTok, but since I have refused to do either, I got my 2nd violation for nothing, so they are waiting to permanently block me again.

Who needs social media? I have my own website and mailing list (aka "Audience") at www.CathyHarrisInternational.com. Get your own and don't depend on these 'unethical' sites.

Atlanta Lawyer Convicted for Stealing PPP Funds

Atlanta Lawyer was arrested for $15 Million Covid-Relief PPP Loan. According to court documents and evidence presented at trial, Shelitha Robertson, 62, of Atlanta, conspired with Chandra Norton to submit fraudulent PPP loan applications on behalf of businesses that Robertson and Norton each owned.

Grimberg sentenced Robertson to seven years and three months in prison followed by three years of supervised release. According to the Feds, Robertson, a former assistant city attorney and Atlanta police officer, and co-conspirators submitted PPP loan applications for four of her businesses - https://www.justice.gov/usao-ndga/pr/former-assistant-city-attorney-and-police-officer-sentenced-approximately-15m-ppp

Renters Only Need to Pay a One Month Deposit - #NewRentalLaws

It used to be a two-month deposit for an unfurnished apartment and three months for furnished but now it is one month starting on July 1, 2024. The

change probably came about after the FBI conducted an unannounced inspection at Cortland Management in Atlanta as part of a criminal antitrust investigation by the DOJ into a conspiracy to artificially inflate rents for apartment units. They also raided another property company in California.

Idaho Farmers Under Attack - (#NoMoreIdahoPotatoes)

Since I last reported on what is happening with the Idaho farmers' wells being closed to farmers, we found out that the water is being diverted to an electric vehicle plant, which need tons of water to operate. Check out Matt at 'Cultivate Elevate' - https://www.youtube.com/shorts/Xr3nLmdMTTE

Idaho is fining Farmers $300 PER ACRE for using water. Farmers are already declaring bankruptcy. The water was turned off to Idaho farmers, which means not only will they lose their crops, but they will lose their homes.

When something like this happens, this is when you need to fire all politicians, especially Governors. The Department of Water Resources in the governor's office has sent out the order that they have to close their wells. That is really a tough deal because these farmers have already planted, so the timing on this is horrible.

It costs $2000 (to $3000) an acre to plant potatoes or more. Now they have to shut down wells and give up that investment. Their land is mortgaged, the potato crops are mortgaged, everything's financed, and they will basically lose their farms if they turn their water off.

Understand in the future many of the federal laws will be passed down to states so Governors will have to decide on what is good for states. They will need to decide on how to educate their children and how to grow their own crops. Most crops will be grown locally. Again, this Governor and all politicians in Idaho need to be voted out ASAP.

‘Self-Driving’ Trucks…Really?

With flying cars being released over the next year or two you might be better off in a flying car than encountering a long-haul ‘self-driving’ truck on the road. As far as having long haul ‘self-driving’ trucks in the future, I don’t believe there is any type of rush to bring in this technology especially with all the issues they have had with Tesla ‘self-driving’ vehicles.

These vehicles had issues such as constantly catching on fire; having to call fire departments because kids were left in cars when families were loading up to go somewhere because monitors gave out incorrect reading when they needed to be charged; not recognizing other cars on the road causing them to slam into other vehicles, and other malfunction of their equipment. Check out this YouTube video **“How Aurora Got Self-Driving Trucks On The Road”** **https://www.youtube.com/watch?v=2IzgE4QMRuM**

Why We Won’t Need Long Haul Truckers in the Future

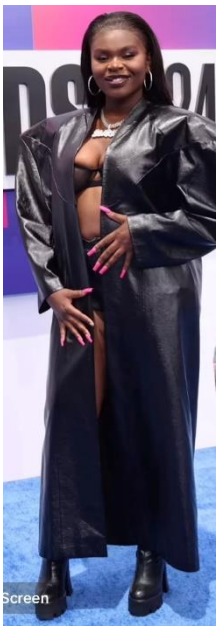
We won’t need long haul truckers because many buildings including houses, Med Bed and Healing Centers will be built in 2 to 3 weeks with replicators. The same replicators that were used in the movie series Star Trek.

Remember Star Trek, Star Wars, and Star Gate are real shows. The writers put our Galactic history into the movies so you would understand the 5D incoming New Earth.

Our kids who read the DC comics and other comic books are way ahead of understanding how the New Earth will look and operate. Again, we won’t need the truckers to bring in a large number of supplies because most will be built right in our communities with these replicators.

People will no longer have to drive 30 minutes to an hour to gain access to organic foods because these foods will be grown right in their own homes or communities.

BET Awards 'The New Magic City', #CancelHollywood



There is a movement to **#CancelHollywood** and now everyone can understand why after this past BET Awards. Many on social media were calling the BET Awards – "The New Magic City" and nothing but a "Tubi Show."

Many at the last award BET Award show looked like they just came out of the house in bra and panties. Many just wore street clothes with tennis shoes and did not even bother to get dressed up.

Now everyone will understand when I say that Hollywood has a **"Dirty Little Secret"** and after the BET Award, it is out. The secret is the women are all men, and the men are all women. They are all transgenders, and the BET Awards were nothing but a #DragShow.

Natural-born and biological women and men can't be on TV, even reality TV, on Commercials or on Magazine Covers, so again, they were all inverted transgenders. You can see **"Hollywood's Dirty Little Secrets"** at www.DearCathy.com. Read the two articles and join the Transgender breakdown groups.

What everyone needs to understand is Hollywood has been taken down and those not arrested for 'Crimes Against Humanity' or 'Crimes Against Children' have run for the hills. Many movie stars and entertainers are still trying to stay relevant by writing books and doing podcasts, but at the end of the day, these movie stars or entertainers no longer matter in our lives.

We will no longer idolize, bow down to, or worship anyone on a 5D New Earth -- even Jesus himself. Remember "No one is higher than you and no one is lower than you. **WE ARE ALL THE SAME!!!"**

STDs and Other Diseases in Houston, #UnvaxxedSperm

People on social media just ran with this story that turned out to be false. They had heard others on social media post comments that thousands in Houston have STDs.

But according to the health department "Social media posts falsely claim thousands in Houston were diagnosed with STDs. The health department said a "violation of its policies" resulted in an image being shared that falsely claims thousands of Houstonians were diagnosed with STDs."

My 2 Cents:

If the report was true, what happened to wanting and waiting for 'unvaxxed' sperm? Many are reporting after having sex with a person who took the vax, and they did not, that they are experiencing the same symptoms as the people who took the vax – so now is not the time to be having 'unprotected' sex.

Just remember also that CDC.gov (along with FDA.gov) was one of the main government agencies that had you take the #Depopulation vax, so you should never listen to any government surveys, statistics and/or reports, which are never accurate.

To Contact Cathy Harris

Cathy Harris, *New Earth Educator, Spiritual Nomad,* and *Holistic Healer.* Subscribe to www.CathyHarrisInternational.com (also www.CathyHarrisSpeaks.com and www.OneMillionClassrooms.com) mailing list for more up-to-date news weekly or bi-weekly.

Coming soon are Cathy's **"New Earth Roundtables"** at www.NewEarthRoundtables.com and **"The Cathy Harris Podcast"** www.TheCathyHarrisPodcast.com. Email: AskCathy@DearCathy.com or Cathy@CathyHarrisInternational.com with any questions on the New Earth, on Spirituality and on Love and Relationships or for one-on-one consultations…*Wishing you Love, Peace, and Happiness…*